

Anglican Fellowship OF **PRAAYER** Canada



AFP-C NEWSLETTER - Vol. 19, No. 2

SUMMER 2011

I WISH I HAD...

HERBERT O'DRISCOLL

You know how there are times when an expression simply leaps off the page of what we're reading or listening to, and we say "Wish I'd written that." or "Wish I'd said that".

For me some of these things are

In the two deep rich wells from which I've drawn so much over the years. For all of my life there has been the Book of Common Prayer and, in the last forty years or so, the Book of Alternative Services.

So here are a few things from the BCP I wish I had written...

...That we may love the thing which thou commandest and desire that which thou dost promise; that so among the sundry and manifold changes of the world our hearts may surely there be fixed, where true joys are to be found...*(The Collect for the Fourth Sunday after Easter)*

...O how lovely are thy dwellings, thou Lord of hosts! My soul hath a desire and longing to enter into the courts of the Lord... Yea, the sparrow hath found her an house and the swallow a nest where she may lay her young: even thine altars, O lord of Hosts, my king and my God. *(Psalm 84)*

...O Lord...put away from us worry and every anxious fear, that, having ended the labours of the day as in thy sight, and committing our tasks, ourselves, and all we love into thy keeping, we may, now that night cometh, receive as from thee thy priceless gift of sleep...*(From Forms of Prayer to be used in Families)*

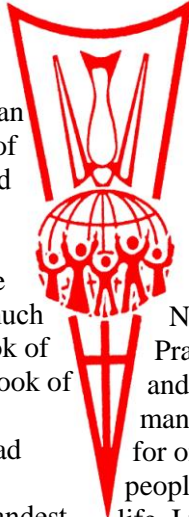
...Remember for good all those that love us, and those that hate us, and those that have desired us, unworthy as we are, to pray for them...*(A General Intercession)*

Until the shades lengthen, the evening comes, the busy world is hushed, the fever of life is over, and our work is done...*(At Eventide p. 58)*

Now, from the pages of the BAS, some things I wish I had written...

...Heavenly Father, give this child an inquiring and discerning heart, the courage to will and to persevere, a spirit to know

- continued on page 2-



MESSAGE FROM OUR NATIONAL DIRECTOR

THE RT. REV. GARY WOOLSEY

Dear Friends,

In my ministry that has spanned some forty-four years, I have always considered myself as a teacher and therefore in search of good resources.

Now as National Director of Anglican Fellowship of Prayer I am still looking for material that will help clergy and laity in living their lives as followers of Jesus. There are many books that address the life of prayer but I was looking for one that could be used by leaders who were guiding people to understand prayer as well as deepen their prayer life. I wanted a resource that could be used in a group setting where people could read a chapter during the week (or longer), complete some exercises at home and then come together to reflect and use the questions for that particular chapter. I also wanted a resource that could be used by parish prayer groups or other groups who wanted to focus on their individual and corporate prayer life.

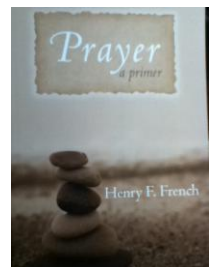
I was delighted to find this current book:

**Prayer - A primer
By Henry F. French
2009 Augsburg Books
(www.augsburgbooks.com)**

The author is a retired Lutheran pastor and professor who has ministered in a parish and Lutheran seminaries in Japan and the USA. The seven chapters lead one through such topics as Getting Started in Prayer, Praying in the Name of Jesus, Praying Jesus Prayer, What to Do during Set Times of Prayer, Prayer on the Run, and Meditation/Contemplative Prayer. Then following each chapter there are 3 sections: Reflection, Journaling, and Ideas for Practice.

What a wonderful resource this could be for an ecumenical study! We are on a wonderful journey with our Lutheran brothers and sisters and I can see this book allowing us to grow individually and together in our prayer life.

+Gary
AFP National Director (Canada)



I WISH I HAD...

- continued from page 1-

and to love you, and the gift of joy and wonder in all your works.
(*Holy Baptism p 160*)

...I give you this ring, as a symbol of my vow, and with all that I am and all that I have, I honour you in the name of God.
(*Marriage p.532*)

Let their love for each other be a seal upon their hearts, a mantle about their shoulders, and a crown upon their foreheads. Bless them in their work and in their companionship; in their sleeping and in their waking; in their joys and in their sorrows; in their life and in their death. (*Marriage p. 548*)

...Come Holy Spirit, breath of God, give life to the dry bones of this exiled age, and make us a living people, holy and free. (*From Litany of the Holy Spirit p.123*)

...We pray that nothing good in this person's life will be lost, but will be of benefit to the world; that all that was important to *her/him* will be respected by those who follow; and that everything in which *she/he* was great will continue to mean much to us now that *he/she* is dead. (*From the Funeral Liturgy p.602*)

I often think that one of the good things about being an Anglican is that we possess what is probably the most wonderful treasure house of prayer in any Christian tradition. In case I seem to be presuming by saying that then let's say our treasure house is at least as wonderful as any other tradition! One more thing for us to say "Thanks be to God"!

May there be many blessings in the months to come before we meet in the newsletter again.

Herbert O'Driscoll

Diocesan Representative Conference attendees in Calgary

Back Row: Rev. Peter Millen, Tony Day, Bishop Derek, Rev. Chuck Lockhart, Rev. Stephen Laskey, Bishop Gary Woolsey, The Primate: Archbishop Fred Hiltz

Middle Row (standing): Rev. Greg Mercer, Rev. Marian Haggerty, Rev. Val Kenyon, Dr. Jane Jensen

Middle Row (sitting to the right of Jane Jensen): Christine Prior, Ruby Lockhart, Anne Morton, Cheryl Horrey

Front Row (on bench): Rev. Susan Foley-Currie, Lorraine Hardwick, Elizabeth Short, Rev. Grace Coleman Anthony, Miss Beverley Whitehouse, Rev. Anne Moore, Paul Dumbrille, Dorothy Olsen

On the grass: Janet Stevens, Win Mizon, Ester Jackson, Betty Nadurak

AFP Diocesan Representatives Conference

Bishop Gary Woolsey



Anglican Fellowship of Prayer Diocesan Representatives from all across Canada, together with members of AFP (Canada) National Executive, our Patron Archbishop Fred Hiltz, Primate of the Anglican Church of Canada and AFP prayer supporters gathered at Entheos Conference Centre just west of Calgary, Alberta from June 7th to the 10th. The Conference, held every 3 years, is a time to worship, learn and grow in the ministry of prayer. At the opening of the gathering, the National Director of AFP (Canada), Bishop Gary Woolsey, addressed the participants on the Conference theme, "Prayer - Transformation of the Heart" by reminding everyone of Jesus' words that it is "out of the abundance of the heart that the mouth speaks" (Luke 6:45) and that as people of the Spirit we are being "transformed into the same image from one degree of glory to another" (2 Corinthians 3:17,18).

Every day began with worship and Bible Study which laid the foundation for all our work in the Conference. Participants were taught how to lead people to pray 'out loud' in a group by Canon Anne Moore of the Diocese of Toronto. Special presentations were made on Children and Youth Ministry with a special focus on prayer. The Primate shared with us how he strives to maintain a prayer life in the midst of a hectic schedule



and the many demands on him as head of a national church. From his sharing we were able to be far more intentional in our prayers for him and his wife, Lynne. In his second session he spoke to us on the topic of how to pray for our Anglican Communion using the Five Marks of Mission and for our Anglican Church of Canada using 'Vision 2019'.

In order to ground everyone in the ministry of AFP, time was spent on reviewing our AFP Mission Statements, the DR Handbook, and AFP Resources on Prayer. Members of the National Executive shared their special ministries which included the newsletter, membership, our website, and finances. We had personal testimonies on how one carried out the ministry of being a Diocesan Representative as well as how you could set goals as a DR. The participants were then asked to prayerfully consider ways of taking what they had learned and to create an action plan when they returned home.

The Primate ended the Conference by celebrating the Eucharist, including the Laying on of Hands and Anointing. In the Service he commissioned us to the ministry of the Anglican Fellowship of Prayer. We know that our prayers for the Conference were answered as delegates expressed wonderful words of thanksgiving and encouragement for the blessings received at the event.



Praying Congregations: THE **Heart** OF Christian Community

An Answer to Prayer

By Paul Dumbrille

For many years I have been praying and hoping that our Diocese of Ottawa would hold a major prayer event. This prayer was answered on May 13/14 of this year, when over 200 people gathered at the Kemptville, Ontario campus of Guelph University to hear Rev. Jane Vennard give us encouragement and practical suggestions on how our Congregations can become better communities of prayer. The event, "Praying Congregations: The Heart of Christian Community", was co sponsored by the Anglican Dioceses of Ottawa and Ontario.



Paul Dumbrille (DR for Ottawa) & Jane E. Vennard (Keynote Speaker)

It has been more than five years since I read a book called "Praying Congregations", published by the Alban Institute in the USA and written by Rev. Jane Vennard, an ordained minister of the United Church of Christ in the U.S.A. It was reading this book that focused my prayer into one in which the prayer event would encourage prayer specifically in Christian communities. Further focus came in November, 2008, when I contacted Jane and we started a dialogue that culminated in the fulfilment of my prayers this spring, when Jane came to Ottawa and led us in a spirit filled and wonderful event.

One of Jane's messages is that praying congregations are places where members *freely talk about prayer* and their own personal prayer life, and during this event we participated in several one-on-one and small group discussions, including prayer times, to reinforce that message. In pointing out that everybody prays whether they think they are doing so or not, we were asked to recall the first time we had prayed, and to recount our story to one other. It was amazing how easy it was to use this to comfortably and freely talk and listen with another about prayer and our inner life, whether we knew them or not.

Many of us have heard that we need to move things from our head to our hearts in order to have a fruitful relationship with God. Jane suggested that our own experience should be a starting point when encouraging people to be more prayerful. As we look at our experiences and attempts at prayer and talk to others about them, we can recognize God in them. Then we can move from the *heart to the head*, integrating prayer into our whole lives.

Many of us wonder if praying for others is useful and really works. We find it difficult to explain how intercessory prayer can "work" when we can see no progress and it seems

some prayers go unanswered. Jane proposed that we can look upon our prayers for others as a way of *lowering the threshold* of the barriers to God's loving presence and the power of the Holy Spirit that exist around the person or situation for which we pray. The threshold is also lowered between our own spirit and God, thus enabling us to see more clearly God's will for us. We are better able to feel the power of the Holy Spirit, leading us to know better what action we might take in the circumstance for which we pray.

We often make a mistake in thinking that prayer only means asking God for something, and we forget the many other aspects of prayer such as Praise, Thanksgiving, Adoration, and Confession. We are looking for tangible evidence that God has heard our requests and acted on them. Jane suggested that while God always receives our requests, we cannot know how God will act and what the outcome will be. It is helpful to realize that God works in different ways:

- *Intervention*: God the Creator sometimes works quickly and obviously to produce what we might call miracles.
- *Interaction*: More often God the Son works by cooperating with people and nature to gradually change circumstances and lives.
- *Presence*: Perhaps most often God the Holy Spirit is present to us and works within us to give us the endurance and understanding to carry on.

There are times when we really don't know if God is present or part of our lives. Jane suggested that the keys to recognizing God's presence are *Intention* and *Attention*. We should try and live our lives with the Intention of noticing God in everything: nature; circumstances; other people; our thoughts; and our feelings. With that intention and paying attention we will be praying "without ceasing" and experiencing God in wonderful ways.

In addition to helpful teaching about prayer and some direct experience in practising different aspects of prayer, this event left us with many useful and practical suggestions on how our congregations can become better communities of prayer. I am humbled and grateful to God for the answer to my prayers that began so long ago.



*Anglican Fellowship of Prayer Display
at Praying Congregations Event*



Introducing Elizabeth Short Children's Ministry

You will be hearing from Elizabeth in the upcoming newsletters as she shares with you her thoughts and ideas regarding ministry with children, particularly in the area of prayer.

Elizabeth has been actively involved in lay ministry for nearly 20 years, particularly, but not exclusively, in various aspects of Christian Education (adults and children). For the Past 6 ½ years she has been in ministry at All Saints Anglican Church in Cochrane, Alberta. Her current position there is in Generational Ministry.

Elizabeth's background is in Education. She studied at the University of Saskatchewan and taught in a few rural schools in Saskatchewan. After moving to Calgary in the early nineties, she established a Preschool at St. Barnabas Anglican Church which she ran for 10 years. Over the past several years Elizabeth has been working on a Master of Theological Studies out of St. Stephen's College in Edmonton. She hopes to have her thesis completed in the next year or so.

Elizabeth loves working with people of all ages. Her most recent adventure was this past winter in the Caribbean where she was part of a team of women doing leadership workshops with women in St. Vincent and St. Kitts.

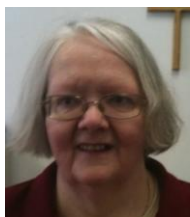
Elizabeth believes that children can grasp far more about faith than many would give them credit for, and they have a lot they can teach us. She claims that her best teachers have been her four children who are now adults as well as her two grandchildren.

Elizabeth has worked with the Anglican Church in several Dioceses (Saskatchewan, Saskatoon, Qu'Appelle, and Calgary). She currently lives in Cochrane, Alberta with her husband, Ross Sargent.

New Diocesan Representative

Miss. Beverley Whitehouse

Diocese of the Yukon



Although Beverley was born in Toronto, Ontario she considers herself a Yukoner. She was six when her family moved to the Yukon, and since then she has moved and returned some seven times. She now hopes that she can remain there, but of course, as she says, it is all up to God.

Beverley calls herself a 'cradle' Anglican, but it was only 15 years ago that she made Jesus Christ the Lord of her life. Since then her life has changed a great deal. Beverley is settled at Christ Church Cathedral after years of wandering from church to church, denomination to denomination. She is a Lay Minister in the Anglican Parish of Whitehorse as well as being the Parish Secretary.

Prayer has always been a part of Beverley's life. She is the Prayer Coordinator for the Cathedral and is very much looking forward to finding out about the Anglican Fellowship of

Prayer so she can encourage members of the Diocese of Yukon, as well as Christ Church Cathedral to come alongside and make prayer a central part of our Diocese and Parish life.



Anglican Fellowship of Prayer Lenten Retreat

***The Diocese of Central
Newfoundland***

Ruby Lockhart

The Diocese of Central Newfoundland sponsored an Anglican Fellowship of Prayer Lenten Retreat at St. Catherine's Retreat Centre on April 5 - 7, 2011. The Retreat was led by Rev. John Watton, Rector of St. Martin's Cathedral in Gander. The theme was "The Valley of the Shadow of Death", and the scripture: - Isaiah 40:27 "Why do you complain, Oh Jacob ..." "40:29 "...he gives strength to the weary and increases the power of the weak."

We looked at the seasons of our life to see that for every season there is a purpose. We looked into ourselves and our own spirituality and our need to surrender to God; to be prepared for whatever God has planned for our lives, life or death.

We were given much to ponder in St. Bernard of Clairvaux's writings about four degrees of love:

Love of self for self's sake.
Love of God for self's sake.
Love of God for God's sake.
Love of self for God's sake.

We are a gift and we receive a gift in every heartbeat. We asked ourselves, "Why am I here?" "What can I do?" We looked at this in relationship to our faith and in our churches and communities.

A session on the use of time was very challenging. Rev. John challenged each of us to build an inspirational package which will ensure good use of time, and he shared with us his own package.

All present felt the powerful teaching and shared some of our own lives in the gatherings following silent times. Rev. John has undergone cancer treatments and is presently recuperating. His teaching on the Valley was through personal faith and experience and was all the more powerful because of that. We thank God for blessings received and pray for his continued healing.





St. Stephen's Welcomes

Rev. July Ayuen

Diocese of Rupert's Land

Rev. Diane Guilford

On January 23 St. Stephen members asked God's blessing on the Rev. July Ayuen's ministry as Honourary Assistant with us. What a fabulous worship and feast we enjoyed! Shortly after July arrived he preached on Dec. 5 as we remembered John the Baptist baptizing Jesus and hundreds of others. July shared the story of his baptism with 1000 other young boys at the camp they had been taken to in Ethiopia. Thousands of boys 14 and up were marched from Sudan to this camp. God was their only hope and they prayed every morning and evening. In three days there were 3000 lost boys baptized.

This is the first Honourary Assistant that St. Stephen's has had for many years. July has just completed a two-year interim ministry at Emmanuel Mission (Sudanese Anglican Community) while Rev. Rueben Garang was on study leave. July was sponsored by Bishop Victoria in the Diocese of Edmonton as he received his Bachelor of Theology at Emmanuel & St. Chad in Saskatoon.



Rev. July Ayuen receives a blessing from Rev. Diane Guilford

It was wonderful to have the people of Emmanuel Mission join us and do their traditional songs and dance for the offertory. In Sudanese tradition, when a person leaves a community, the people in that community travel with the person to the new community, so it was very appropriate that Emmanuel Mission be present when we officially welcomed July to St. Stephen. They bring so much joy and energy to our worship. This is in spite of the huge sadness and difficulty they have had in their lives. People of Sudan continue to struggle here in Winnipeg as they try to adjust to a new culture and climate, look for jobs, go to school to learn English and/or get a trade or degree. Emigrant teenagers are targeted by gang leaders and it is a tragedy that some of 'The Lost Boys' sons and daughters are being lost to gangs. As an Anglican Church we need to find ways to support these families and help provide other alternatives.

St. Stephen is blessed to have Rev. July in our congregation, and we are confident that our faith will be strengthened through him. He is a great preacher and pastor. July will be flying to Australia mid-March to bring back his wife and two children (baby and 2 yr old). It will be wonderful to meet them, and we will be planning another celebration to welcome them to our community.

***With the intention to honour God, we can
make everything we do a prayer.***

---Jane E. Vennard

Children's Ministry

Elizabeth Short, with a rich background of experience from teaching preschool to working with youth, based her presentation, at the DR Conference, on four principles. This is just a summary, minus the rich and heart touching examples.



1. Don't talk down to children. They can understand and engage in conversation and activities with surprising insight, comprehension, and creativity.
2. Take them seriously. We may be amused by their thoughts, but it is important to offer respect for their ideas. Laughing at their ideas may only encourage silly behaviour. Engage them in the conversation, and talk about prayer. e.g. Share a Bible story, and invite the children to share what Jesus might have said to them if they had been there to be the child offering 5 barley loaves, and 2 small fish, the prodigal son, the lost sheep, etc.
3. Don't ask children to do anything you wouldn't do. If a child is reluctant to participate in a given activity, give them some space. As adults we set boundaries for our participation in a given situation. Likewise, a child may be uncomfortable to sing, dance, paint, etc. or participate at times.
4. And always remember we are models and mentors by our actions. In their actions and the formation of their principles to live by children will copy what they see us say and do. In church and in our lives we need to set an example of the behaviour we want to encourage.

Elizabeth's presentation was a practical guide for parents, grandparents, and a congregation as a whole, as much as for those providing a church school program.

***When we bring all of who we
are into our relationship
with God, we open ourselves
to be loved unconditionally.***

---Jane Vennard



Bishop's Committee on Prayer

The AFP committee in Toronto

Tony Day

This small group meets about nine times each year.

One of our meetings is what we call our quiet day. We usually meet in a home or cottage, often at Tom and Betty Gracie's home.

We have a facilitator who guides through praying with the scriptures or another topic. Last year we looked at the topic of being critical, criticizing each other, or programs or the leadership. This was our facilitator's topic. The thrust was how we move beyond such behaviour.

We also have a discussion and then go off by ourselves to reflect on some question. We also allow time to just amble and do nothing except maybe listen to birds or watch water flowing in a river.



L. to R.: Beulah Walcott, Ken Keen, Tony Day, Grace Mills, Ruth Copland (Facilitator), Anne Moore and Brenda Hallett on the Grass, Carol Langley, Betty Gracie, Maud McCarty

It is always interesting to meet fellow committee members and find out their hopes and dreams and wishes, behaviour we do not have time for in a meeting. Our committee consists of a great bunch of folk, and as life proceeds some members retire and new folk join us.

Your AFP Executive with The Primate



*Back Row: Tony Day, Paul Dumbille, Bishop Gary Woolsey
Front Row: Janet Stevens, Archbishop Fred Hiltz, Win Mizon, Esther Jackson, Rev. Anne Moore, Elizabeth Short*

Prayer—An Exciting Adventure

Diocese of Toronto

Tony Day

On April 30th we took the Adventure of Prayer on our own adventure to St. David's Orillia. Although we were a small group of 10, the gathering had largesse of Spirit that touched all of us with the humble awareness that God can teach everyone through anyone.

As one of the facilitators of the day I expected to be the one to share my struggles and successes but failed to anticipate that I would be the one to come away with an unforgettable image of how God works in our lives.

As we shared our thoughts and insights that arose from pictures we used to focus on God's presence in creation, one of the saints present had recognized the amazing insight that God may promise that we will not drown in the waters of life but he certainly hasn't promised that we won't get wet! That was how the day began and from then on it just got better.

We shared the adventure of the prayer that never fails: the prayer of thanksgiving followed by the ancient experience of praying the Scriptures.

The day concluded with the profoundly simple but fruitful adventure of learning how to pray out loud in a group. People then formed groups of two and were allocated a topic for prayer. Kate and William proved more enjoyable for one paring while praying for the election was greeted by me praying for ...

You can fill in the blank.

I believe that prayer is not an escape from the world, but rather calls us more fully into the world.

As we deepen our personal relationship with God, we strengthen our relationship with all of God's creation.

***---Jane E. Vennard
(from her book, A Praying Congregation)***



*We, the AFP(C) Executive, appreciate your prayers and donations for the ministry of AFP (Canada). If you are so moved, we encourage you to spread the word to others, both individuals and parishes, and encourage them to join AFP-C and to make a donation to support the ministry, and the publication and mailing of the newsletters and pamphlets. Please send to
**ANGLICAN FELLOWSHIP OF PRAYER,
P.O. Box 5131, OTTAWA, ON K2C 3H4***

**THE BISHOP
OF HURON'S
PRAYER
CONFERENCE
2011**

ARCHDEACON FEHELEY
This year's conference keynote speaker is

Archdeacon Paul Feheley. Born and raised in Etobicoke, Paul received a Bachelor of Music in 1975 and his Master of Divinity at Trinity College in 1978.

Paul was ordained and served the Anglican church in several parishes, his last being as the Incumbent of St. George's Memorial Church, Oshawa.

In 2004 he was appointed Principal Secretary to the Primate.

Paul will speak to us of "The Many Faces of Prayer" and why prayer is something we should all care about.

AFTERNOON WORKSHOPS:

iPray With My iPod
Praying With My Family
Contemplative Prayer
Prayer Circles
Healing Prayer

*The Anglican Fellowship
of Prayer
Invites you to*

**THE MANY FACES
OF PRAYER**

AND WHY SHOULD YOU CARE?

Keynote Speaker

Archdeacon Paul Feheley,
Principal Secretary to the Primate

**Childcare and Children's
Program Available**
With advanced registration
\$5.00/child

Saturday, November 19, 2011
10:00 a.m. to 3:00 p.m.
\$20.00 Lunch Included

St James Westminster
Anglican Church
115 Askin Street,
London, Ontario

More Information vvkenyon@rogers.com or 519-854-9998
To Register kamettelka@gmail.com or 519-287-2727



**Anglican Fellowship of Prayer
Quiet Day**

The Diocese of Rupert's Land

Rev. Diane Guilford

The Rev. Aubrey Hemminger and Ms. Nancy Aasland led a wonderful day of reflection at St. Mary Magdalene on April 2, 2011. There were times of silence for people to reflect on scripture with directed questions, but also time for learning and sharing in the large group. This was all interspersed with beautiful music. We ended the day by studying some of the psalms and then Aubrey invited us to go and write a psalm ourselves. These were integrated into our closing Eucharist. We were all rather amazed at how God can speak even through us!!! Anglican Fellowship of Prayer was very grateful to Aubrey and Nancy for the leadership, and also to Reinhold Pauls for the amazing food. We were encouraged that 26 people made the commitment to spend a quiet day of reflection with God and one another.



**ORDER OF ST. LUKE
1ST CANADIAN NATIONAL**



**CHRISTIAN HEALING
CONFERENCE**

August 25 – 28, 2011

Canadian Mennonite University
500 Shaftesbury Blvd., WINNIPEG

www.cmu.ca

Toll Free 1-877-231-4570 ext 314

Convenor:

OSL Chaplain Rev. Gordon Shields

Ph 1-204-832-7195

stchads@johnxxiii.ca

Registration:

By June 17: \$100 - Single \$175 - Couple

After June 17: \$125 - Single \$200 - Couple

Cheque to: 'The Order of St. Luke'

c/o C. Hume, St. Peter & James Church

72 Church St. Flin Flon, MB R8A 1K7

www.orderofstluke.org

Diocesan Representatives

Remember

**Announcements of events
can be posted on our WEBSITE!**

Send to Paul Dumbrille

paul.dumbrille@sympatico.ca

or Win Mizon

winken@sympatico.ca



***Prayer is not a "spare wheel" that you pull out
when in trouble; it is a "steering wheel" that
directs us in the right path throughout life.***

- Anonymous

Qu'Appelle Diocesan Synod**Lorraine Hardwick**

At the recent Qu'Appelle Diocesan Synod, held March 25 - 27, 2011, I was able to set up an AFP table to display newsletters, and brochures of information. Many

people took away information and as a result 2 churches have asked me to come and teach on prayer. Dates have yet to be arranged, but I am optimistic at these new opportunities.

Diocese of Qu'Appelle LAY RETREAT 2011

Lorraine Hardwick

The Qu'Appelle Diocesan Lay Retreat, held April 29 - May 1, 2011, at St. Michael's, Lumsden, was a wonderful experience. As the DR of the diocese it was my job to prayerfully arrange promotion of the event and handle registrations. Once there I set up a table of AFP newsletters, brochures, and other items available for sale. I was responsible for the smooth running of the event and as it was a silent retreat this involved many notes being passed my way.

There were 29 persons attending representing both genders and a wide range of ages. The five guiding meditations were given by the Rev'd Catherine Harper on the subject of Shaping the Heart. She focused her meditations on the lives of Moses, Paul and Thomas, showing us how God takes us as we are and re-shapes us into what we can be in Him.

The evaluations given at the end of the event expressed overall a positive experience had been had and how God had used various ways to speak to and encourage our hearts.

The next Qu'Appelle Diocesan Lay Retreat has already been booked for April 13 - 15, 2012.

AFP Workshop**Diocese of Central Newfoundland****Indian Bay Parish****Ruby Lockhart**

An AFP Workshop was held at Indian Bay Parish on April 9, 2011. The Rector, Rev. David Coffin, invited my husband, Chuck, and me to spend the previous night because of the distance we had to travel. In our diocese distance is always a problem!

At the Workshop there were 28 people in attendance. They were very interested in the different methods of prayer presented and practised there. Some people found new ways that suited them very well. They came and asked questions afterwards and told of their experiences.

The display of AFP pamphlets was all taken and more pamphlets requested. A generous donation was received towards buying others. We find these prayer pamphlets very helpful to people attending the workshops.

A delicious lunch was served. It was an overall lovely day with the Lord.

Editor's note: For anyone wishing prayer pamphlets, contact the AFP Resource co-ordinator: Paul Dumbrille paul.dumbrille@sympatico.ca. A list of resources can be found on the AFP-C web site: www.anglicanprayer.org

Diocese of Eastern Newfoundland Labrador

Rev. Greg Mercer**Diocesan Prayer
Conference**

Friday, September 30, 2011
7:30 to 9:30 pm

Saturday, October 1, 2011
10 am to 4 pm

Special guest

The Rt. Rev. Gary Woolsey
AFP-C National Director &
Retired Bishop of Calgary

For more information please check out the AFP website later in June.

Youth Ministry**Esther Jackson**

Two gifted young ladies, Jill Thompson, and Ilona Bevan, leaders in the "One Body" youth Ministry in Calgary Diocese, gave us a "hands on" presentation with practical

information to work with "Youthlings", as they are affectionately called, no longer children, but not yet mature adults. The "Hands On" stations included a variety of quiet spaces for individuals to reflect on an aspect of their relationship with God, using play dough, drawing a mini labyrinth, opening a treasure container with a message inside, and spending time before a collection of lit candles. At their gatherings, youthlings have rewritten, and acted parables, and prayers.

Providing opportunities for outreach and community service are important. The youth leaders are with the youthlings in this ministry, as well as to celebrate life, and be with them in times of stress, and illness.

Finally they reminded us to feed them.

Always provide food as part of any event.

Jill provided a list of resources which include: Contemplative Youth Ministry, Practicing the Presence of Jesus, by Mark Yaconelli, a book to remind us numbers, and big screen TV's don't make a ministry, it's relationships, and: Go Deep Spiritual Practices for Youth Ministry by Doris Kizinna. A complete list of suggested resources can be forwarded upon request. estherj@shaw.ca



*If we learn how to "see"
and to "listen,"
we can make all of life a prayer.*
- E. Glenn Hinson

**AFP-C Newsletter Editor
Winnifred (Win) Mizon**

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