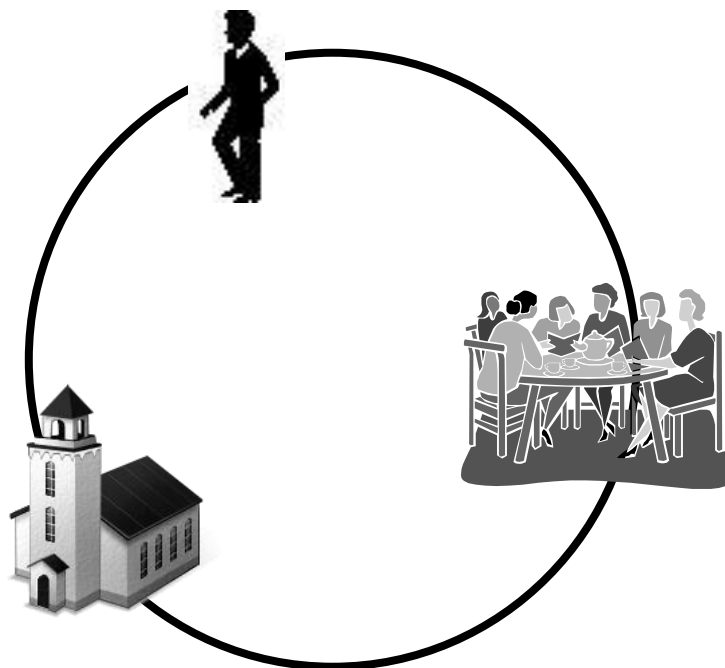


A DAY OF PRAYER

IN THREE PARTS



PERSONAL PRAYER SMALL GROUP PRAYER THE PARISH AS A PRAYING UNIT

Anglican Fellowship of Prayer Canada
www.anglicanprayer.org

Pamphlet G-20 (July, 2009)

A DAY OF PRAYER

IN THREE PARTS – PERSONAL PRAYER
SMALL GROUP PRAYER
THE PARISH AS A PRAYING UNIT

09:00 – 09:30 Gathering and Registration

09:30 – 10:00 Morning Prayer (in the church or chapel)

10:10 – 11:10 PERSONAL PRAYER

- Scripture Foundation – Ephesians 3:14-19
- Teaching
- Small Group Interaction
See Exercise # 1. (enclosed)

Break

11:20 – 12:30 SMALL GROUP PRAYER

- Scripture Foundation – Acts 4:23-31;
Acts 12:1-16
- Teaching
- Small Group Interaction
See Exercise # 2. (enclosed)

Lunch

1:30 – 1:40 Music & singing to refocus our thoughts

1:40 – 2:30 THE PARISH AS A PRAYING UNIT

- Scripture Foundation – II Chron. 20:1-24
(This is a very long passage so it is recommended that it be paraphrased to bring out the essentials)
- Teaching
- Small Group Interaction
See Exercise # 3. (enclosed)

2:30- 3:30 CLOSING

- A time of reflection
- A time of reflection – for renewed insights
– for renewed vision
- A time for going forth

Some suggestions

1. Changing locations throughout the day is desirable (e.g church/chapel for Morning Prayer; separate location for lunch)
2. Suitable scriptures can replace those chosen if desired, ensuring that that they speak clearly to the subject which is being dealt with.
3. Keep the breaks and lunch time simple.
4. Times are adjustable. Plan the day to suit the situation.
5. It is best to have shared leadership.

Prayer is Our Spiritual Lifeline

Prayer is:

- A transforming experience.
- The orientation of our hearts towards God.
- Not just a response to circumstances.
- Life-changing.

We are meant to:

- Be energized, excited, and enriched by our encounters with the living God.
- Be openly receptive; pliantly responsive.
- Be in a living relationship with God.
- Bring all that we are to Him and listen to Him in the quietness of our hearts.
- Be willing to let go of what we are, for what we can become.
- Bring our will into line with God's will.
- Soak our goals in faith-filled prayers.
- Live transparently – holding nothing back;

Prayer requires re-orientation of our lives.

(from a human's approach to God's approach)

In prayer our response to life should be transformed.

Our prayer life should be grounded in and nurtured by Scripture.

To be a prayerful person means to no longer operate from the impulses of our natural temperament nor from the instincts of our natural personality.

*For further information or pamphlets please contact your AFP
Diocesan Representative or AFP Canada:
www.anglicanprayer.org*

A Day of Prayer

© AFP Canada G-20-2009

A DAY OF PRAYER IN THREE PARTS

EXERCISES

Exercise # 1 – By Yourself

1. Identify the area of your life in need of change. Write this in this space.

2. How do you propose to begin this change? Ephesians 3;14-19 Write this in this space.

Exercise # 2 – In a Small Group

Stepping Into the Deep – Matthew 14:22-36

Introduction to this exercise: In the spiritual sense we are very much like the swimmer who forgets that the water will hold him/her up. We forget that God is with us in every situation. It seems we have to learn and re-learn that God is here and present to us. The life jacket is the security of the swimmer – God is our security. The things of the world are the securities we mistakenly trust – forgetting that we are called to trust all that we are and all that we have to God.

“Let me hear your steadfast love in the morning for in you I put my trust. Teach me the way I should go, for to you I lift up my soul” Psalm 143:8 (NRSV).

In a Small Group

1. Begin with prayer: “Lord Jesus, we believe in you, come and be among us.”
2. Read the passage (Matthew 14:22-36) quietly to yourself.
3. Jesus is always with us through our storms. Are we like Peter needing proof of his presence? Expand. Refer to Isaiah 43:1-3a and Daniel 3.
4. Share an experience. Share a need.
5. In the group, and in prayer, commit your needs to the Lord simply and honestly.
